

ABSTRACT OF THE DISCLOSURE

There are disclosed an information recording medium
substrate having a surface roughness of R_{max} 15 nm or less,
5 and an information recording medium, particularly an
information recording medium substrate and information
recording medium in which for surfaces of the substrate and
medium, a bearing area value (offset bearing area value) in a
depth of 0.5 to 5 nm (predetermined slice level) from a
10 bearing height (real peak height) corresponding to the
bearing area value of 0.2% to 1.0% is 90% or less, and a
manufacture method of the substrate and medium.